

*Worthy of Love*

## *Confidentiality Waiver*

*Worthy of Love* Bible studies are facilitated by volunteers who have not necessarily been trained in counseling. Consequently, the Bible study and the post-abortion group are not intended as substitutes for professional counseling. Leaders may suggest outside counseling to participants if they see a need.

While the Participant Information Questionnaire is for the group leader/co-leaders use only, all other information discussed within the study group is to be kept completely confidential. At no time are participants to disclose the names of other group members to anyone outside the group. Nor are participants to share part, or all, of another group member's story with anyone outside the group without that member's consent.

There are certain circumstances under which the leaders/co-leaders would be compelled to break confidentiality. For example, if they believe you are at risk for suicide; if they suspect criminal sexual or physical abuse; or if they believe you intend to harm another person.

Due to the sensitive nature of the *Worthy of Love* study, it is important for each participant to be able to trust that what they share with the group will remain confidential. The purpose of this waiver is to confirm that participants understand and agree with this need for confidentiality. Once signed, the group leader will retain this waiver with your personal information.

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I have read and understand the above. I realize that all information shared during *Worthy of Love* group meetings is strictly confidential.

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Participant

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Date

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Group Leader

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Date

## *Group Etiquette Guidelines*

- No Rescuing - Please refrain from advising, analyzing, rescuing, or attempting to 'fix' another member of the group, as this can interrupt or hinder her healing journey. This may be the first time she has been given freedom to grieve; give her space to do so.
- Freedom to Exit – Participants may elect to drop out of the study after attending the first session.
- Commitment – Participants are expected to commit to attend all group sessions and to arrive each week prepared to discuss the homework.
- Respect - This is a non-judgmental Christ-centered group that integrates recovery tools from the study *Worthy of Love*, the Bible, and prayer. Please recognize that participants may have different religious backgrounds.
- Considerate – Please do not interrupt another person while they are speaking (remember “no rescuing”). Be sensitive to the time by not monopolizing the conversation; leave time for each person to share.
- Healthy Environment – No alcohol or other substances that may hinder your ability to fully participate in the group. No cell phones.
- Focus – In order to gain the most from the study, the focus should remain on abortion. At the same time, be mindful that this is not a therapy group. The leaders/co-leaders are volunteers who serve out of their own life experience and do not necessarily have professional training.
- Confidentiality - Due to the sensitive nature of the *Worthy of Love* study, it is important for all participants to keep the information discussed within the study group confidential.
- Arrive on Time - Be considerate of each another's time; please arrive on time.

## Commitment to Group

I, \_\_\_\_\_ (participant) am making  
this commitment beginning on \_\_\_\_\_ (start date)  
to \_\_\_\_\_ (end date) with \_\_\_\_\_  
\_\_\_\_\_ (leaders/co-leaders).

- I commit to attend all sessions except in the case of an emergency.
- I agree to call a group leader if I am unable to attend a meeting due to an emergency.
- I agree to keep in confidence all personal information discussed in the group.
- I agree to do the homework each week and participate fully in the group.
- I agree to share my thoughts, memories, feelings and discoveries with the group.
- I agree to respect and value each member of the group.
- I agree to refrain from discussing the lesson with others until it is discussed with the group.
- I understand that if I arrive under the influence of alcohol or non-prescription drugs, I will be asked to leave and someone will be called to drive me home.
- I agree to abide by the Group Etiquette Guidelines during each session.

I understand and agree to all the above statements and willingly enter into a relationship with the members of this *Worthy of Love* Bible study group.

Note: *Worthy of Love* Bible Studies are offered by grateful volunteers, and do not intend to substitute for any mental health treatment.

Signed \_\_\_\_\_

Date \_\_\_\_\_